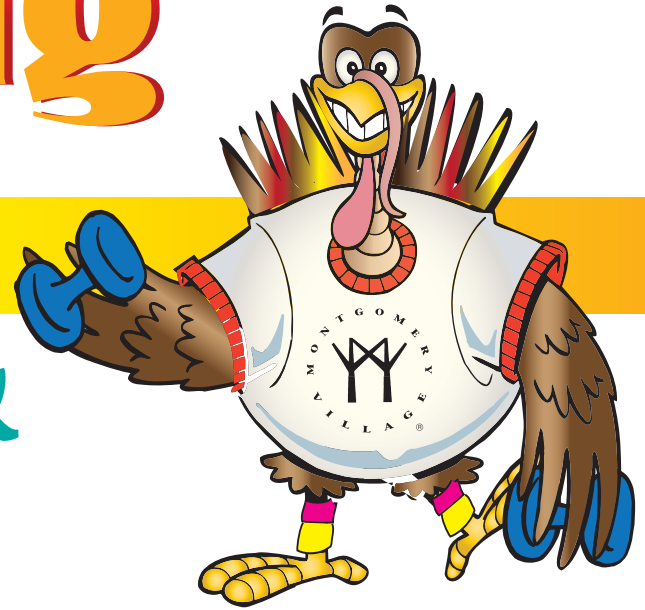


**Annual**  
**Thanksgiving**  
**Morning**  
**Workout**



**Work up a hunger &  
help the hungry!**

**All proceeds will be donated to Gaithersburg HELP.**

**Thursday, Nov. 23, 9 to 10:30 a.m.**

**Lake Marion Community Center • 8821 East Village Avenue**

Begin your Thanksgiving morning with a 90-minute sampling of Jacki Sorensen's Aerobic Workout and Aerobic Dancing led by fitness instructor Karin Baker at Lake Marion Community Center.

**Cost at the door**

**\$8/person OR**

**\$5 w/two non-perishable food donations**



For more information, visit [www.montgomeryvillage.com](http://www.montgomeryvillage.com) or call 301-948-0110.